

Consent for Psychological Services

The Colorado Department of Regulatory Agencies has the general responsibility of regulating the practice of licensed psychologists and other licensed professionals. The law requires that a psychologist use only the title for which s/he is licensed, certified, or registered. Below is information that the State of Colorado requires that you have regarding your rights as a client or patient in psychotherapy or assessment. Please feel free to discuss any concerns you have about this document or your treatment with your provider.

Treatment: You are entitled to receive information about the methods and techniques of therapy, assessment, estimated duration of treatment, and fee schedule. You have the right to a second opinion. You have the right to terminate treatment at any time. Ethical principles preclude business or personal relationships between you and your treatment provider.

Confidentiality: The information you provide during therapy or assessment is legally confidential except as required by law. Exceptions will be identified should any such situations arise during therapy. Exemptions to confidentiality include “threat of serious harm to self or others” as in the case of child abuse, suicide, or grave disability (inability to care for oneself). Disclosure of confidential information is also allowed by a court order. Confidential information may be disclosed to another party (e.g., referring provider) only with a signed release of information by the patient.

Appointments, cancellations, fees: Fees can be discussed with your provider. Clients are seen by appointment only. In case of an emergency, please call 911 or go to your closest emergency room. Phone calls to provider will be returned during business hours. Messages are not checked outside of business hours. If you must change an appointment, please do so at least 24 hours in advance or you may be charged for the missed appointment.

Sexual intimacy between a client/patient and a psychologist is never appropriate and should be reported to the Board of Psychologist Examiners at the Department of Regulatory Agencies (DORA), Mental Health Section, 1560 Broadway, Suite 1370, Denver, CO 80202, Ph. 303 894 7766. If you have any concerns or complaints about licensed or unlicensed mental health therapists you can contact DORA or file a complaint at http://www.dora.state.co.us/reg_investigations/file_complains.htm.

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I have been informed of my therapist’s degrees, credentials, and license. I have also read the preceding information and understand my rights as a patient.

Signature of Client

Date

Signature of Witness

Date